RUSTENBURG GIRLS' HIGH SCHOOL

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SCHOOL UNIFORM REGULATIONS

Please ensure that all items of clothing and other possessions are clearly marked.
Uniforms should be clean, well-maintained and worn with pride.

SCHOOL (SUMMER) UNIFORM: (Extracted from RGHS Policies and Procedures)	
Bags	RGHS or a WP tog bag, RGHS or plain navy blue or black backpacks No writing or drawing, except name in small letters. No other bags, baskets, carrier bags or packets are allowed, except the plain navy or black type.
Blazers	Optional; clean, navy blue Must be worn on all formal occasions School-related badges only House badge is compulsory Only one non-school related badge is allowed (in support of a cause such as Cancer Awareness). This badge must be no larger than the house badge.
Dress	Regulation blue dress with belt Correct length – maximum 10 cm above the knee Belt to be worn through belt loops on the dress Hem stitched No T-shirt or other top visible under the dress Collar to be worn over the collar of the blazer
Trousers	Regulation navy May not be tapered/altered Worn with the short-sleeved shirt (not tucked in) No T-shirt or other top visible under the shirt
Jersey	Optional; navy blue V-necked jersey or cardigan. Should fit properly Cuffs not frayed; no holes May not be worn without a blazer outside of the school grounds Matrics may wear their Matric jersey instead of their blazer
Shoes	Clean, plain, black school shoes (lace-up, T-bar or cross-bar) Polished and in good condition
Socks	White school ankle socks (if wearing dress) Turned over; not rolled Plain black socks (if wearing trousers)
Head and Neck Covering	Where religious law prescribes covering of the head and neck, only the RGHS headscarf or a plain navy blue headscarf may be worn. It must be worn forward, as is traditionally intended. Plain pins should be used if needed to fasten the headscarf.
Hair and Hair Accessories	Learners may not alter the colour of their hair in any way. *If a departure to this rule is allowed for Grade 12 learners, they will be expected to adhere to the parameters within which this concession is granted.* Hair must be neat, clean and should not hang in front of the eyes. Hair touching the shoulders must be tied up. Plain black, dark brown, navy, white or transparent accessories
Jewellery	Apart from earrings and a watch, no other jewellery or piercings are allowed. One small pair of plain metal (i.e. silver or gold) sleepers or studs; one in the lobe of each ear.
Make-up/False eyelashes	Not allowed
Nails	False nails, coloured nail polish and french manicures are not allowed. Nails must not be so long as to interfere with sport, the playing of a musical instrument or other activities.
Rain Jacket	Clean, plain navy blue or RGHS rain jacket. May only be worn outdoors when it is raining.

SCHOOL (WINTER) UNIFORM: (Extracted from RGHS Policies and Procedures)	
Bags	RGHS or a WP tog bag, RGHS or plain navy blue or black backpacks No writing or drawing, except name in small letters No other bags, baskets, carrier bags or packets are allowed, except the plain navy or black type
Blazer	Compulsory Must be worn on all formal occasions School-related badges only House badge is compulsory Only one non-school related badge is allowed (in support of a cause such as Cancer Awareness). This badge must be no larger than the house badge.
Shirt	Regulation blue shirt Must be buttoned at the neck
Tie	Regulation; pulled up properly at collar
Jersey	Optional; navy blue V-necked jersey or cardigan. Should fit properly Cuffs not frayed; no holes May not be worn without a blazer outside of the school grounds Matrics may wear their Matric jersey instead of their blazer, however, blazers must be worn at all formal occasions.
Skirt	Regulation navy Correct length – maximum 10 cm above the knee Must not be rolled over at the waist
Trousers	Regulation navy May not be tapered/altered Worn with the long-sleeved shirt (tucked in)
Shoes	Clean, plain, black school shoes (lace-up, T-bar or cross-bar) Polished and in good condition
Stockings/Socks	Plain black stockings; no ladders or holes (if wearing skirt) Plain black socks (if wearing trousers)
Head and Neck Covering	Where religious law prescribes covering of the head and neck, only the RGHS headscarf or a plain navy blue headscarf may be worn. It must be worn forward, as is traditionally intended. Plain pins should be used if needed to fasten the headscarf.
Hair and Hair Accessories	Learners may not alter the colour of their hair in any way. If a departure to this rule is allowed for Grade 12 learners, they will be expected to adhere to the parameters within which this concession is granted. Hair must be neat, clean and should not hang in front of the eyes. Hair touching the shoulders must be tied up. Plain black, dark brown, navy, white or transparent accessories
Jewellery	Apart from earrings and a watch, no other jewellery or piercings are allowed. One small pair of plain metal (i.e. silver or gold) sleepers or studs; one in the lobe of each ear.
Make-up/False eyelashes	Not allowed
Nails	False nails, coloured nail polish and french manicures are not allowed. Nails must not be so long as to interfere with sport, the playing of a musical instrument or other activities.
Scarf	Optional; navy blue regulation school scarf with stripes or plain navy blue
Gloves	Optional; plain navy blue or black
Rain Jacket	Clean, plain navy blue or RGHS rain jacket. May not be worn to assembly or on formal occasions
Coat	Optional; navy blue regulation RGHS coat

SPORTS UNIFORM: (Extracted from Sport Policy and RGHS School Rules and Procedures - RGHS Policies and Procedures)	
House T-shirts (for all learners)	**Corvus (Blue)**, **Cygnus (Pink)**, **Lacerta (Green)**, **Lepus (Red)** and **Pavo (Purple)** T-shirts are available to purchase from Bugs' Boutique uniform shop. To be worn to all inter-house sporting and cultural events.
Physical Education (for all learners)	Learners are expected to wear any regulation RGHS sports uniforms for Physical Education classes. A full piece swimming costume such as the regulation black school swimming costume, team swimming costume or water polo costume and a swimming cap must be worn for swimming in Physical Education classes.
Cross Country	Navy shorts & navy match vest. Short white socks. 1st Team: Navy shorts & navy 1st Team match vest. Short white socks.
Football	Navy shorts & navy T-shirt. Long socks: navy with royal blue. 1st Team: Navy shorts & navy 1st Team T-shirt. Long socks: navy with royal blue.
Hockey	Navy skort & navy match vest. Long socks: navy with royal blue. 1st Team: Navy skort & navy/white 1st Team match vests. Navy/white 1st Team socks.
Indoor Hockey	Navy skort & navy match vest. Long socks: navy with royal blue. 1st Team: Navy skort & white 1st Team match vest. Navy/white 1st Team socks.
Netball	Navy skort & navy match vest. Short white socks. 1st Team: Navy skort & navy 1st Team match vest. Short white socks.
Squash	Navy skort & white match vest. Short white socks. 1st Team: Navy skort & white 1st Team match vest. Short white socks.
Swimming	Navy costume. Royal blue RGHS cap. 1st Team: Navy RGHS swimming costume. Royal blue RGHS cap.
Tennis	Navy skort & white match vest. Short white socks. 1st Team: Navy skort & white 1st Team match vest. Short white socks.
Touch Rugby	Navy shorts/tights & navy match vest. Short white socks. 1st Team: Navy shorts/tights & navy 1st Team match vest. Short white socks.
Water Polo	Royal and navy zip up costume. White and blue water polo caps. 1st Team: Navy 1st Team costume. 1st Team water polo caps.

The school tracksuit, the long sleeve warm-up top and the official blue or grey hoodie may be worn to matches.