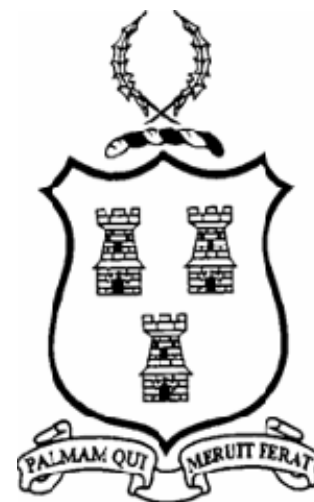


# Rustenburg Times

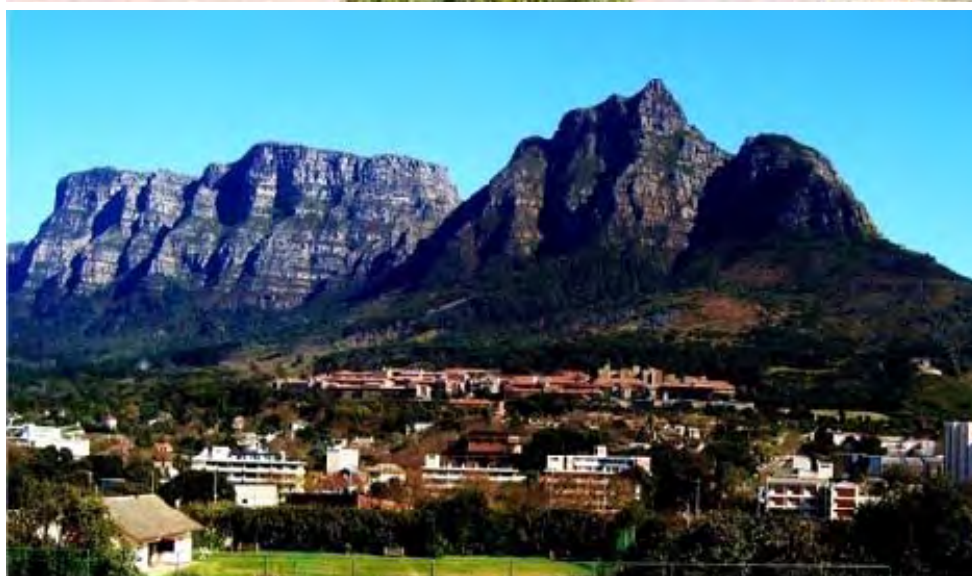


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25 January 2010



Volume One

Issue One

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**Rustenburg: a school of excellence where girls are leading fearlessly, exploring their unique potential confidently and serving the world compassionately.**

Rustenburg Times 25 January 2010

## Welcome from the principal



Dear Parents and Learners

Welcome to the new year – that is filled with opportunities and expectations. May you have a happy and peaceful year ahead, notwithstanding the hype and excitement of the imminent 2010 Soccer World Cup. A special welcome to the grade 8's and others new to the school who started their education at Rustenburg this year. May you be enriched by your experience at our beautiful school.

### 2009 Matric results

We are extremely proud of the 152 matric candidates of 2009. The school received a Ministerial Award for Academic Excellence and is rated one of the top 10 schools in the province.

We are equally proud of our Grades 8 to 11 pupils, who achieved a pass rate of 99,3%! Con-

gratulations to all these girls, the Grade 12 teachers in particular, but also to the entire staff of Rustenburg, who so carefully and diligently give direction and guidance over the years.

### Staff News

We would like to extend a warm welcome to our new staff. We hope they will be very happy at Rustenburg and spend many enjoyable years with us:

Ms Perdita Norval,  
(Life Orientation /  
Counsellor)

Ms Lyn Young,  
(Laboratory Assistant)

Welcome back to Ms Chambers who became the proud mother of Charlotte, a sister to Jasper.

### Grade Meetings

We have had the first of our grade meetings for this year (Grade 12). There will be a meeting for each grade during the next few weeks. Letters will be sent out in this regard. These meetings will afford parents the valuable opportunity to meet their daughter's Grade Head and Class Teacher.

It is vital that the teachers, parents and learners

foster a positive partnership, to ensure the overall success of our girls. Please mark these dates on your calendar and endeavour to attend the meetings.

### Founder's Day

Preparations are in place to celebrate Rustenburg's annual Founder's Day on 29 January. Our guest speaker will be Debora Patta E81 who studied journalism and is a reporter for 3rd Degree on e TV.

This is always a special occasion, and we look forward to welcoming back those girls and members of Rustenburg's extended family who still carry and value memories of their time spent in the "classrooms cool."

### Laura Bekker

**Rustenburg's top candidate for 2009**



Rustenburg Times, 25 January 2010

## National Senior Certificate Results 2009

Number of candidates:  
152



Number of passes:  
152 (100%)



Learners who achieved 4  
or more subject distinc-  
tions:  
40 (26%)



Bachelors  
(meet minimum  
requirements for  
University):  
148 (97%)



Diploma  
(meet minimum  
requirements for  
University  
of Technology):  
4 (3%)

### Subject Distinctions (80%+)

English Home Language

29

Afrikaans First

Additional Language

32

Mathematics

32

Mathematical Literacy

20

Life Orientation

71

French Second Additional  
Language

9

German Second Addi-  
tional Language

3

Latin Second Additional  
Language

1

Physical Sciences

7

Life Sciences

19

History

17

Geography

24

Design

12

Visual Art

8

Music

6

Accounting

7

Consumer Studies

4

Dramatic Arts

5

Mathematics Paper 3

3

Chinese

1

Additional Mathematics

2

Frank Joubert Art

1

### Distinctions in Four or more subjects

40 CANDIDATES  
(26% of the Grade)

### Four Distinctions

Mame Amoateng

Laura Benetton

Leah Bessa

Fiona Carr

Kelsey Clarke

Akua Danso

Saleema Dawray

Tamsyn Hangone

Courtney Healey

Malikah Jakoet

Terena Koster

Dan-Ling Lo

Jessica Meiring

### Five Distinctions

Tasneem Anthony

Miki Brooks

Tessa Brown

Casey Curtis  
Kathryn de Villiers  
Nabeedah Sayed-  
Osmany  
Lynsay Scott  
Meghan Smith  
Katherine Timoney  
Helen Wells

### Six Distinctions

Zafirah Allie  
Saajidah Ebrahim  
Danielle Ferrar  
Chantelle Grinstead  
Alison Lloyd  
Amber Moir  
Zafeerah Omar  
Julia Paterson  
Tayana Raper  
Brett Sharwood  
Sarah Westwood

### Seven Distinctions

Melissa Newham  
Julia Norrish  
Adriana Oberholzer  
(Top Candidate)  
Frances Shaw

### Eight Distinctions

Amitié Lee  
Shama Patel



*Matrics  
of  
2009*

## School Leaders 2010



Our congratulations and best wishes are extended to the 2010 school leaders:

### Head Prefects

S'vuyile Mayosi,  
Head Prefect;  
Noxolo Mafu,  
Deputy Head (Seniors)  
Rachel Wood,  
Deputy Head (Juniors)

### House Captains

BLEBY (Pink)

Captain:

Jamie-Lee Kruger

Vice Captain:

Kimberley Williams



CAMBRIDGE (Green)

Captain:

Lulama Dingani

Vice Captain:

Kimberley Beck



INNES (Blue)

Captain:

Carina Christelis

Vice Captain:

Lahja Newaka



MARCHAND (Yellow)

Captain:

Hannah Neil

Vice Captain:

Shriya Ramjee



MICHIEL VOS (Red)

Captain:

Anelisa Mangcu

Vice Captain:

Lebohang Mosia



### Representative Council of Learners

Chairperson:  
Noxolo Mafu

Vice Chairperson:  
Imbileni Shatiwa

### Erinville Hostel

Head of Hostel:  
Imbileni Shatiwa



Deputy Head:

Marly Ketteringham



Gladys Kisela with Miss  
Marian Lennox



Mrs Di Berry, Principal of  
Rustenburg Preparatory,  
with Miss Laura Bekker

*Rustenburg Times, 25 January 2010*

### **Top Academic Achievers Term Four 2009**

These girls were recognized at the Celebrations of Excellence, on the last day of the term, for academic results which placed them in one of the top five positions in their grades:

#### **Grade Eight**

1. Nicola Cilliers (92.4% aggregate)
2. Lauren Denny
3. Lauren Duckitt
4. Ashlynn Wessels
5. Courtney Ravell and Yi-Shin Yuan



#### **Grade Nine**

1. Petrune Beattie (87.4% aggregate)
2. Gladys Kisela
3. Chloe Kruger
4. Yohan Chun
5. Clarisse Beeby



#### **Grade Ten**

1. Karen Schuster (87.4% aggregate)
2. Angeliki Carvounes
3. Lauren Sanby
4. Helen Dunnell and Yu-Jean Lai



#### **Grade Eleven**

1. Samantha Filby (89.2 % aggregate)
2. Jennifer de Villiers
3. Tasneem Amra
4. Imbileni Shatiwa
5. Nuria Jakoet



**Grade Eight  
Prize Winner,  
Natalie Luyt**

*Rustenburg Times 25 January 2010*

## Debating Success for Rustenburg

Congratulations to Cara Mazetti-Claassen and Angeliki Carvounes who represented WP in the National Schools' Debating competition in December 2009.

The Western Province team finished runners up to Gauteng and Angeliki Carvounes, who debated in four of the qualifying debates, was selected to participate in the National trials to be

held in Durban from 27-30 March 2010.

Angeliki was rated joint 15<sup>th</sup> best speaker out of 162 speakers in the competition, an excellent achievement, and Cara was placed 54/162

It has been many years since a RGHS debater has been selected for National trials. We are proud of Angeliki's achievement.



**Angeliki Carvounes and Cara Mazetti-Claassen**

## Carol Service Gifts and Collection



2009 ended off with a very successful Carol Service. The Kemp Hall was bursting with RGHS learners, who had worked very hard to make it a musical success, as well as with parents, teachers and special guests, who joined in the singing of the congregational carols, and contributed towards the collection for charity

An amount of over R8,000 was collected at the service and at the St Paul's concert (with the Chamber Choir and Berocca G), of which R4,600 was donated to The African Scholars' Fund, and R850 each to: Little Angels, Tufcat, Peninsula School Feeding and for the tuning of the Huis Lückhoff pianos.

A striking Perspex Christmas tree, designed and decorated by the Art Society, under the expert guidance of Ms Simpson, stood out amongst the sea of blue RGHS uniforms, with a huge pile of beautifully decorated gifts, that were donated by the RGHS learners who participated.

The gifts were sorted by the Prefects after the service and distributed to various charities and organizations in Cape Town. These included: The Warehouse, Ons Plek Project for Girls, St. Michael's Home for Teenagers, Christine Revell Home for Abused and Abandoned Children, Sarah Fox Convalescent Hospital and the Cheshire Home and the Douglas Murray Home for the disabled and the elderly.

**Ms M Jamey**



## January Sports News



Jessica participated in the Western Province Swimming Championships held in December. She swam superbly, breaking three age-group records and one open record.

Jessica collected five **Gold** medals, one **Silver** and one **Bronze** medal, despite missing her two favourite events. During

the gala Jessica flew to Durban to attend the prize-giving of the Seventeen Magazine competition in which she was a finalist in the gold-medal section.

### Nicola Barrett

Nicola represented Western Province u19A at the recent South African water polo tournament held in December

in Gauteng. She was selected to the u19A tournament team as one of the top players of the



### Sara Lambert

Sara recently participated in the SA National Junior Equestrian Championships (held in Dec 12-19, Cape Town). Sara competed in showjumping at the 90cm height, and was awarded a 3rd, 4th and 5th place in 3 of her four competitions. In addition, on the basis of her placings and performance, she was selected to represent Western Province on the Novice Show-Jumping team for the 90cm championship. The team placed first, and all members were awarded rosettes and med-



### Keren Dugmore

Keren played in the George Open tennis tournament during the December holidays. She played very well winning both the singles and the doubles titles.

### Important Sporting Dates for the Term:

Inter-House Gala, Friday 12 February 2010

U16 Waterpolo Tour to Port Elizabeth, 18—21 February 2010



### Rachel Wood

Rachel has been selected as a member of the 'South African Aerobic Gymnastics Team'. She will represent South Africa at the African Championships to be held in Walvis Bay, Namibia during March.

### Indoor Hockey

**Courtney Abbott / Kate Houliston** and **Natalie Luyt** all participated in the PSI national indoor hockey tournament which was held in Stellenbosch in December. They all represented the Western Cape.

Kate and Natalie played in the u15 team and placed 5th overall and Courtney played in the u17 team and placed 6th overall.

**Mrs V Williams**

*Rustenburg Times, 25 January 2010*

## Grade Eight Orientation

On Tuesday 12 January, the prefects welcomed and received 158 new faces to Rustenburg. Head Girl, Vuyi Mayosi, started the orientation with an inspiring and energetic talk and Noxi Mafu, our Deputy Head of Seniors and Head of RCL, also addressed them.

The girls then enjoyed a quick ice-breaker, followed by a short break to socializing with their newly an-

nounced form classes and form prefects.

This year the prefects introduced "Micro Groups" of 6 to 8 Grade Eights, selected at random, each led by one of the 24 prefects – this allows more personal interaction and close bonds to be made. The Grade Eights were then led on a thorough tour of the school in their groups and were given a chance to ask questions.

At the end of the programme, the girls were paid a visit by the head and deputy principal, and Ms Bekker concluded the day with a delightful and inspirational story.

We are very excited about this year's Grade Eights who seem enthusiastic and excited to be at our wonderful school.

**Jenna Flynn**

## News from the Guidance Department

### Exchange Programme 2009

We welcome Nicola Engel back from her stay in France and Roxanne Jones from her stay in Holland and look forward to their presentation during assembly on Monday.

The closing date for the 2010 exchange programme is February 1. Preliminary application forms may be collected from Mrs Dowdall and returned to her by February 1.

We should like to draw your attention to the cost of the long-term exchange which is R30,000 and is excellent value for girls wishing to spend a gap year, learning a foreign language and living in a structured environment. The cost of the short-term exchange is approximately R20,000 and is of six weeks duration. Applicants must be willing to host their host learners.

### Star Argus Saturday

#### Revision School at CPUT.

Grade 10, 11 and 12 classes will be offered in a small number of subjects. Registration takes place at CPUT on Friday afternoon and on Saturday and cash or cheques will not be accepted. The details and cost of the classes have been advertised by the Life Orientation Department.

### ENKE African Leadership Forum

Nominees are invited to the forum in Johannesburg during the June / July holiday. The cost is approximately R2,000.00 and bursaries are available. Please contact Mrs Dowdall for information or contact [p.wheaton@enkeforum.org](mailto:p.wheaton@enkeforum.org)



#### Lift required

to and from Parklands, Tableview, Whether lift club or for paid transport.

Telephone Vera Gavor 0834711360

*Rustenburg Times 25 January 2010*

## Sanette Smit and Self Defence Workshops CC

As a martial arts practitioner of more than 30 years standing (highest graded female karateka in Africa with a 7th Dan), Sanette Smit realised that all women would not necessarily follow the discipline of karate, but needed to have a basic knowledge of self defence.

Approximately 15 years ago she established Self Defence Workshops cc with the aim of teaching women basic self defence techniques. In her quest to design a package which would enable the average women to defend herself, she commenced extensive research which entailed hundreds of interviews with rape survivors over the years (still continuing) as well as interviews with convicted rapists.

The information relayed to her enabled her to identify and understand the needs of the women and to address many issues relating to rape from a very personalized platform. Her knowledge of the martial arts in turn en-

abled her to design a series of simple yet effective self defence techniques which she knew the average woman would be able to learn in her quest for self protection. She too has published the only self defence book for women in South Africa titled "The South African woman's guide to Self Defence".

Her personalized workshop has been designed by a woman for women acknowledging the needs of women, both psychologically as well as physically. It is believed to be the only workshop that covers the concept of self protection in all its totality.

### Workshop Details

Presenter: Sanette Smit

Date: Saturday 13 February 2010: RSVP by Friday 5 February, 2010.

Who to attend: Mothers and daughters from Grade Eight upwards, including physically active "grannies"

Morning workshop time: 9.00a.m.-12.00 noon, registration from 8.30 a.m. onwards

Afternoon workshop time: 3.00 p.m. – 6.00 p.m., registration from 2.30 p.m. onwards

Cost of workshop: R250.00 per person (R200.00 per person if more than 1 in a family – R400 for 2)

Venue: Thompson School Hall, Rustenburg Girls High School, Campground Road, Rondebosch

Dress: Comfortable training gear

**Booking essential:** Please confirm with Tessa Wood, preferably by email:

tramwood@xsinet.co.za

or landline in the evening:  
021 6743539(h).

A minimum of 20 people is required for the workshop to proceed



*RUSTENBURG HIGH SCHOOL FOR GIRLS*

***FOUNDER'S DAY***

*TO BE HELD ON FRIDAY 29 JANUARY 2010 AT 10.30*

Rustenburg Times 25 January 2010

## Personality of the Month: Hannah-Rose Smith



### HANNAH ROSE SMITH, 15 CAPE TOWN

Hannah started distributing care packs to victims of crime in Cape Town with help from her friends. To date they have distributed over 3 000 care packs and have inspired big businesses in partnership with YOU magazine and local celebrities to follow suit.

Hannah-Rose Smith was selected as a finalist for the Top Teen Achievers competition in 2009 and was flown up to Johannesburg, together with her mother, on 14 December 2009, for the Gala Evening.

It was an action-packed day, with television interviews, rehearsals and many meetings. Hannah-Rose was the youngest of the fifteen finalists and drew moral support from her fellow Rustybug, Jessica Ashley-Cooper.

Hannah-Rose experienced everything from interviews with e-TV programme *Sistabood* to special make-up sessions, hair appointments and dress fittings, and was delighted to be escorted to the venue in a stretch limousine. A pink carpet welcomed the finalists, and musicians such as Voodoo Child, Jamali, Tamara Dey and Flash Republic performed on stage.

It was a night which emulated the Oscars, with each nominee being introduced along with a video montage, and a celebrity to announce the various winners.

To Hannah-Rose's surprise, she was announced as the winner in her category by MC Pabi Moloï and DJ Fiks, who commented on the fact that she was an inspiration to them, considering her age and what she had achieved.

Unfortunately, Hannah-Rose was unable to enjoy her celebration with the sponsors the following morning, because she had Tick Bite Fever, and had to be carried onto the aeroplane to return to Cape Town.

### Samantha Filby

Well done to Samantha Filby (recorder) who was invited to perform with members of the Camerata Tinta Barocca in the *Music in Miniature* UCT Summer School series presented by Dr Barry Smith and Rodney Trudgeon at the Baxter Concert Hall on Tuesday night 19 January. She performed in a sacred cantata 'Hemmet den Eifer' and a Trio Sonata by the Baroque composer, G Ph Telemann.